



SUMMER VEGETABLE SALAD

Serves 6

2-1/2 Cups cucumbers, chopped
1 red pepper, chopped
1/2 yellow pepper, chopped
1 Cup tomato, chopped
3 stalks green onion, chopped
1/3 lb. sheep's milk feta, cubed
1/2 Cup parsley, chopped
1/4 Cup lemon juice
1/4 Cup olive oil
salt and pepper to taste

Combine cucumber, peppers, tomato, green onion, feta and parsley.
Mix lemon juice and olive oil together and toss with veggies.

Salt and pepper to taste.

From: PCC Natural Markets

FARM FRESH RECIPIES from our PUGET SOUND FRESH FARMS and CHEFS

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This recipe is being suggested as a great method for preparing Puget Sound Fresh ingredients. Please follow safe food-handling practices and check for possible food allergies before preparing and serving any food item.