



Harvest Muffins

INGREDIENTS:

- ½ c. fresh pumpkin pulp
- 1 egg
- ½ c. suger
- ½ c. milk
- ¼ c. vegetable oil
- ½ c. raisins
- 1½ c. unbleached flour
- 2 t. baking powder
- ½ t. salt
- ½ t. each, cinnamon and nutmeg

METHOD:

Beat egg, add vegetable oil, pumpkin, and milk, and blend well. Sift dry ingredients together and add to liquid mixture, stirring just enough to wet the flour. Fold in raisins. Bake in greased muffin tin 18-20 minutes at 400 degrees.