



Kent Valley Apple Slaw

Ingredients:

For slaw:

- 3 c. thin-sliced green cabbage
- 1 medium carrot, shredded
- 1 unpeeled apple, cored and coarsely grated
- ½ c. diced green bell pepper
- ½ red onion, sliced
- Lettuce leaves
- Apple wedges for garnish

For dressing:

- ¼ c. apple cider vinegar
- 3 T. sugar
- 2 T. vegetable oil
- ¼ t. garlic salt
- ¼ t. celery seed

Method:

Combine cabbage, carrot, apple, green pepper and onion.

Blend dressing. Toss salad with dressing and refrigerate until chilled.

From Carpinito Brothers Farm, Kent, WA